2012 SEPA Household Health Survey Topic Areas

Health Status
Information on adults & children
• Self-reported health status
• Height/weight
• Chronic disease diagnoses
  - Asthma
  - Arthritis
  - Diabetes
  - High blood pressure and cholesterol
  - Heart disease
• Disability status
• Chronic pain
• HIV status

Source of Care and Utilization of Services
Information on adults & children (where applicable)
• Regular source of care
• Setting of regular care
• Most recent medical visit
• Preferred hospital
• Number of overnight stays in the hospital
• Number of ER visits
• Number of healthcare provider visits
• Use of retail clinics
• Caregiver’s source of health information

Health Insurance
Information on adults & children (where applicable)
• Current source(s) of health coverage
• Type of health coverage (HMO/PPO/POS/FFS)
• Name of insurance company
• Coverage for prescription drugs
• Coverage for dental care

Information on adults without health insurance
• Length of time uninsured;
• Reason why uninsured
• ER use due to lack of health insurance

Personal Health Behaviors
Information on Adults, Children (where applicable)
• Smoking status and use of tobacco
• Exposure to cigarette smoke in household
• Former smokers - length of time since quit and quit method
• Cigarette purchases
• Menu labeling
• Gambling
• Fast food consumption
• Sugary beverage consumption
• Number of servings of fruits & vegetables
• Frequency of exercise, adults & children
• Television and computer screen time
• Medication labeling

Information on Children:
• Early childhood education

Disease Prevention and Health Promotion
• Length of time since last screening/exam:
  For all adults, children:
  • Dental visit
  For all adults:
  • Blood pressure reading
  • Test for AIDS/HIV
  For older adults:
  • Blood stool test (ages 50+)
  • Colonoscopy/Sigmoidoscopy (50+)
  For women:
  • Pap smear (18+)
  • Clinical breast exam (18+)
  • Mammogram (40+)
  For men:
  • Prostate cancer screening (45+)

For Children:
• Caregiver’s main source of health information for child

Neighborhood and Social Factors
Information on adults
• Nearby parks
• Social capital

Information on children
• Caregivers’ perception of neighborhood safety

Barriers to Care
Information on adults & children
• Failure to seek care in past year due to cost
• Failure to fill a prescription due to cost
• Failure to receive dental care due to cost
• Transportation barriers to healthcare
• Language barriers to healthcare